



Bath Romans Wheelchair Basketball Club Personal Health Policy

BRWBC	
Policy Name	Personal Health Policy
Version	1.1
Date Updated	July 2023

Bath Romans Wheelchair Basketball Club (BRWBC) is committed to facilitating a safe, inclusive and welcoming environment across our activity.

We want to help better people's lives through the avenue of wheelchair basketball, whether that be through training, competition, outreach and events, to the benefit of our players and supporters.

Personal data is managed in line with BRWBC's umbrella organisation, Nova Sports and Coaching. Their Privacy policy can be found here:

<https://www.novasportsandcoaching.co.uk/privacy-policy>

Purpose:

This policy has been created to ensure BRWBC can uphold its commitment to keep players, coaches, volunteers and supporters safe.

The policy creates a framework for which players who may experience sudden health issues during training or matches can be best supported. This may include seizures, fainting, temporary blindness, dizziness and more.

All players should be aware of this policy.

Before joining Bath Romans WBC

1. Prospective players must disclose whether they experience sudden health issues. This may be classified as an abrupt negative change in health in the short-term.
2. If so, they may be required to nominate a parent/carer to attend with them at training sessions, competitions and events. This person would be responsible for the player's health and medical care, and take responsibility off Romans Coaches/players for urgent care.
3. They may also need to provide a health care plan to be shared with the Team Manager, Coach and/or Welfare Officer. This sharing of information will be discussed with the participant beforehand.

Before each training session or match

1. Players must always consider their state of health before attending each session/match and decide whether they are fit and healthy enough to attend.
2. Factors they should consider include their current level of health and wellbeing, the intensity of the upcoming activity, the weather (if relevant), and the prevalence of their own personal triggers.

Whilst training or playing with Bath Romans WBC

1. If required, players must have a nominated parent/carer on site. They must not be participating in the activity.
2. Players who are required to bring a parent/carer as agreed by the Coach and Welfare Officer, who do not do so, will not be able to train or play.
3. If the Coach or Welfare Officer deem their health to be significantly impacted then they may require the player to stop training mid-session/match.

Support from the club

1. If the Coaches/Welfare Officer think the player is repeatedly unsafe due to their health issues then BRWBC will make every effort to create a personalised health plan for club activities.
2. This plan will be agreed with the player and reviewed until effective.
3. If, after every effort from the club, no plan can be created or if plans are unsuccessful then BRWBC has the right to ask the player to leave the club.